

Having practised as a psychotherapist and psychoanalyst for many years, Ewout recognised the need for a different and more focussed approach in personal development. Consequently he established his own, highly effective: **Programme For Accelerated Personal Change**

The programme, set in one of the most beautiful parts of Switzerland, is designed to make use of the surroundings in an experiential manner. Here, discussion and assisted self-discovery is complemented and reinforced with carefully planned visits, walks and outings. These are not for relaxation only, as they are invariably interspersed by highly significant events and discoveries, creating unforgettable milestones in your personal journey.

This course of action is made possible by Ewout's long experience and keen awareness of those events, often overlooked by an individual, which may influence his or her personal development.

It is, necessarily, a one to one method, usually lasting eight days. Working time is adapted to one's needs and comfort. The setting is in a small town overlooking a peaceful Lake in Switzerland.

This is not a traumatic, grief-laden rite of passage. It is a highly effective and rewarding experience and because you are unobtrusively led to make the discoveries yourself, it is very much your process. It is your work which guides you towards a self-sustaining journey of further development in the direction you need to go. It normally also brings a huge grin to your face with the realisation that life actually could be so simple.